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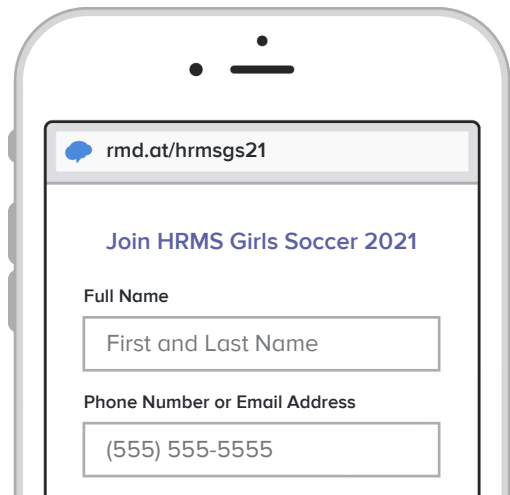
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A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

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Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



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Text the message [@hrmsgsgs21](https://t.me/hrmsgsgs21) to the number **81010**.

If you're having trouble with **81010**, try texting [@hrmsgsgs21](https://t.me/hrmsgsgs21) to **(919) 283-5736**.

** Standard text message rates apply.*



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