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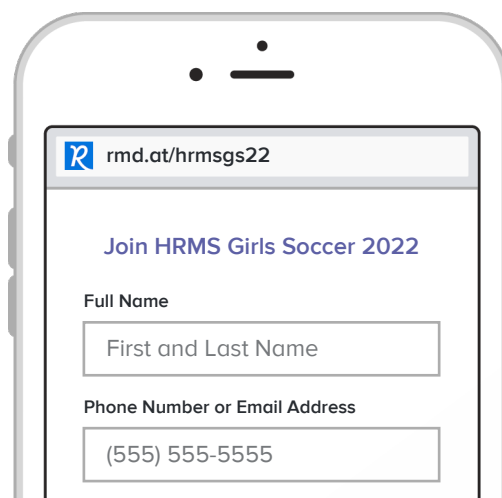
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A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

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Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



B If you don't have a smartphone, get text notifications.

Text the message [@hrmsgsgs22](https://t.me/hrmsgsgs22) to the number **81010**.

If you're having trouble with **81010**, try texting [@hrmsgsgs22](https://t.me/hrmsgsgs22) to **(563) 265-6842**.

** Standard text message rates apply.*



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